

**MISSIONARY FAMILIES OF CHRIST
CHRISTIAN LIFE SEMINAR
Participant's Handout**

SESSION No. 5: GROWING IN THE SPIRIT

1. The baptism in the Spirit is only a beginning. Now we need to grow in this new life of the Spirit.
2. There are 5 basic tools to growth.
 - a) Prayer. The primary means for establishing and maintaining a deep and loving personal relationship with God.
 - Must be faithful. Pray daily.
 - Must be led by the Holy Spirit.
 - Must be centered on a relationship with Jesus.
 - Can use other forms like the Holy Rosary
 - b) Study.
 - The Bible. Read daily.
 - Spiritual reading (books, magazines, articles, etc.).
 - Teachings and preachings.
 - c) Service.
 - By the way we live. Pursuit of righteousness and holiness.
 - Serving our fellow men.
 - Performing our basic responsibilities in life.
 - Giving witness to our faith in Jesus.
 - Giving of our time, talent and treasure.
 - d) Fellowship.
 - e) Sacraments (for Catholics).

Discussion starter

What tools to Christian growth have not been fully utilized in your life?

Scripture readings

1 Peter 1:13-16

Matthew 6:5-13

Matthew 18:19-20

Hebrews 4:12-13

Matthew 20:25-28

James 2:14-17

1 Corinthians 12:12-27

The Challenge

God's call for every Christian is to grow in holiness. To this end, God has provided us with the tools for growth. Will you eagerly avail of these tools and strive to be holy as God is holy?